

A large, colorful stained glass window is the background of the entire page. It features various geometric and organic shapes in shades of blue, green, yellow, red, and white, set against a dark background. The window is partially obscured by the text on the right side.

Perspectives for Clergy

Honoring Older Adults and Caregivers

**Thursday, Nov. 7, 2019
7:45 a.m. to 4 p.m.**

The Olmsted
3701 Frankfort Ave.
Louisville, Kentucky

"The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; planted in the house of the Lord, they will flourish in the courts of our God. They will still bear fruit in old age, they will stay fresh and green."

– Psalm 92:12–14



NORTON
FAITH & HEALTH
MINISTRIES

Perspectives for Clergy

Honoring Older Adults and Caregivers

Thursday, Nov. 7, 2019

7:45 a.m.: Registration, continental breakfast, free health screenings and flu shots

8:25 a.m. to 4 p.m.: Program

HEALTH SCREENINGS AND FLU SHOTS

As a special service to attendees, Norton Healthcare will provide the following screenings at no cost: blood pressure, fasting glucose, cholesterol and body mass index. Walgreens will provide flu shots at no cost. Registration is required for cholesterol and glucose screenings.

DESCRIPTION

There is a historical demographic shift underway in America. By 2035, the U.S. Census Bureau predicts that people age 65 and older will outnumber those age 18 and younger. What impact will an aging America have on faith communities and the people they serve? What do clergy members, spiritual leaders, faith community nurses, health ministers and others in ministry need to know to care for congregants, family, neighbors and themselves?

Attend this seminar to hear from experienced gerontologists, researchers, ministers and others about the intersection of faith, health and the aging process. Discover ways to care for family members affected by dementia. Learn about what is needed to maximize the power of a spiritual presence while caring for older adults. Find out how telling your personal story affects your aging experiences. Community service professionals also will help participants discover resources and how to access them.

TARGET AUDIENCE

This seminar is for clergy, chaplains, faith community nurses, health ministers, congregational care teams and seminarians.

OBJECTIVES

- Describe the general effect of aging on health. (Babar)
- Recognize the relationship between spirituality, health and aging. (Babar)
- Relate how spirituality assists in coping with health challenges associated with aging. (Babar)
- Identify spiritual needs of postretirement elders. (Thibault)
- Define spiritual crises caused by bio-psycho-social changes associated with aging. (Thibault)
- Outline unintentional barriers to spiritual care of elders in the congregational setting. (Thibault)
- List four community resources that assist older adults and caregivers. (Resource roundtable)
- Identify psychological and spiritual challenges for family caregivers. (Mast)
- Describe ways for supporting and caring for people and families affected by dementia. (Mast)

- Define the importance of purpose for the older adult's well-being. (Burton)
- Recognize how expressive writing can be an energizer of purpose and social/emotional connection for the older adult. (Burton)
- Relate how the gift of witness expands one's presence in the world. (Wilson)
- Integrate the use of witness to create greater impact within the scope of practice. (Wilson)
- Identify and summarize three takeaways that can be integrated into practice. (Oliver)

CONTINUING EDUCATION

Pastors

This seminar has been approved for .58 continuing education units for United Methodist pastors of the Kentucky Annual Conference through the office of the director of ministerial services.

Chaplains

The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc., an affiliate of the Association of Professional Chaplains.

Nurses

Norton Faith & Health Ministries is a Kentucky Board of Nursing (KBN) approved provider; provider number 4-0181-12-20-003. This program has been approved by Norton Faith & Health Ministries for 6.9 contact hours. KBN approval of a continuing education provider does not constitute endorsement of the program content. Nursing participants must attend the entire program to earn contact hours. No partial credit will be given. Participants must provide their license number or employee ID (Norton Healthcare employees). Expiration date is Dec. 31, 2020.

For more information related to nursing credits, contact Michele Harbin, MBA, BSN, R.N., CNOR, at michele.harbin@nortonhealthcare.org.

SPECIAL NEEDS

Norton Healthcare is committed to making this conference accessible to all individuals. At the time of registration, please describe any auxiliary aids or services (identified in the Americans with Disabilities Act) needed. Advance notification of any special needs helps us better accommodate your needs.

REGISTRATION

There is no charge for this seminar, but registration is required.

Registration deadline: Monday, Oct. 28, 2019

To register by phone, call (502) 629-1234, option 4, or (888) 4-U-NORTON toll-free.

To register online, visit NortonHealthcare.com/ClergySeminar.

For more information about this event, call Norton Faith & Health Ministries at (502) 629-2700.

AGENDA

- 7:45 a.m. **Free health screenings, registration and continental breakfast**
- 8:25 a.m. **Welcome and opening prayer**
The Rev. William J. Schultz, M.Div., D.D.
Chair, Committee on Faith & Health Ministries
Norton Healthcare
- 8:26 a.m. **Program moderator**
The Rev. Ronald C. Oliver, Ph.D., MBA, BCC
System Vice President, Mission & Outreach
Norton Healthcare
- 8:30 a.m. **Opening keynote address**
Spirituality and Aging: Buddies Forever
Muhammad Babar, M.D., MBA, M.Sc.
Doctors for Healthy Communities
Geriatric Medicine Physician
- 9:30 a.m. **Growing Older vs. Getting Older: Spiritual Challenges in the Last Third of Life**
Jane M. Thibault, M.A., MSSW, Ph.D.
Clinical Professor Emerita, Department of Family and Geriatric Medicine
University of Louisville
- 10:30 a.m. Break
- 10:45 a.m. **Resource roundtable**
Sarah Teeters
Coordinator, Office for Aging and Disabled Citizens
Louisville Metro Government
- Jennifer Craig, MBA
Aging and Disability Resource Center Coordinator
Kentuckiana Regional Planning & Development Agency
- Tahisia Rawlins, MPA
Associate State Director
AARP
- Kelly Gannott, J.D.
Elder Law Attorney
Kentucky ElderLaw PLLC
- Noon **Lunch and resource exhibits**
- 1 p.m. **Afternoon keynote address**
Searching for Hope in Dementia and Family Caregiving
Benjamin T. Mast, Ph.D., ABPP
Chair and Professor, Department of Psychological and Brain Sciences
University of Louisville
- 2 p.m. **Writing Your Own Story: How Legacy Inspires Purpose for Older Adults**
Angela Burton
Founder and Chief Writing Motivator
Feet to the Fire Writers' Workshops
- 2:45 p.m. **Break**
- 3 p.m. **Walking Alongside: The Gift of Witness**
The Rev. Brian K. Wilson Sr., M.Div., BCC
Chaplain, Adult Oncology
Norton Hospital
- 3:30 p.m. **Wrapping Up: What Questions Have We Answered?**
The Rev. Ronald C. Oliver, Ph.D., MBA, BCC
- 4 p.m. **Adjournment**



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